

The Burke Athletic Club (BAC) Lightning, a competitive U14 Girls, NCSL Division I team, is seeking one or two skilled and committed field players for the Spring 2021 season and beyond. Please contact Coach Ed Apgar at apgarne@cox.net or 703-250-3811 should you be interested in a tryout. In the Spring of 2021, the Lightning will begin Super Group play as a pathway to the United States Youth Soccer (USYS) championship tournament. Our team plays an attacking, Dutch football style with emphasis on technical, functional, and tactical excellence. Costs are minimal because our coaching staff volunteers its time to BAC.

Ed Apgar, the Head Coach, holds the United Soccer Coaches (USC) Premier Diploma and the United States Soccer Federation (USSF) C license. Ed has coached every level of soccer from U9 through NCAA Division 1. Doug McDonald, the Associate Head Coach, holds the USSF E license. Doug is a soccer trainer for the Fairfax County Park System and has extensive youth coaching experience.